

Programmanr. 7  
19-10-2024 - 9:44

Heren, 400m wisselslag

Senioren  
Resultaten Voorrunde

Punten: FINA 2023

rang	naam		vereniging			tijd	RT	FINA
<b>Onder 18</b>								
1.	Tieme Wiersma		DZ&PC		200701031	<b>4:35.70</b>	Q	617
	50m: 30.30	30.30	150m: 1:40.15	34.21	250m: 2:52.28	38.35	350m: 4:04.21	31.58
	100m: 1:05.94	35.64	200m: 2:13.93	33.78	300m: 3:32.63	40.35	400m: 4:35.70	31.49
2.	Jelte de Boer		De Vikings		200700345	<b>5:08.11</b>	Q	442
	50m: 31.81	31.81	150m: 1:50.99	40.00	250m: 3:12.65	43.23	350m: 4:33.40	36.17
	100m: 1:10.99	39.18	200m: 2:29.42	38.43	300m: 3:57.23	44.58	400m: 5:08.11	34.71
3.	Tycho Wienbelt		De Vikings		201001397	<b>5:12.95</b>	Q	422
	50m: 35.10	35.10	150m: 1:55.33	40.46	250m: 3:19.59	44.47	350m: 4:39.62	34.70
	100m: 1:14.87	39.77	200m: 2:35.12	39.79	300m: 4:04.92	45.33	400m: 5:12.95	33.33
4.	Kasper Lubbers		Orca		201100025	<b>5:16.52</b>	Q	408
	50m: 34.78	34.78	150m: 1:57.59	41.44	250m: 3:20.03	42.98	350m: 4:40.55	36.76
	100m: 1:16.15	41.37	200m: 2:37.05	39.46	300m: 4:03.79	43.76	400m: 5:16.52	35.97
5.	Robin Mintjes		HZ&PC Heerenveen		201000957	<b>5:39.01</b>	R	332
	50m: 35.36	35.36	150m: 2:03.29	44.54	250m: 3:35.27	48.79	350m: 5:01.92	38.29
	100m: 1:18.75	43.39	200m: 2:46.48	43.19	300m: 4:23.63	48.36	400m: 5:39.01	37.09

Senioren

1.	Thomas Jansen		Team NL - WVZ		200100143	<b>4:27.98</b>	Q	672
	50m: 27.17	27.17	150m: 1:33.86	33.88	250m: 2:45.58	37.32	350m: 3:56.32	31.66
	100m: 59.98	32.81	200m: 2:08.26	34.40	300m: 3:24.66	39.08	400m: 4:27.98	31.66
2.	Sven Klink		SWOL 1894		200500349	<b>4:32.65</b>	Q	638
	50m: 27.68	27.68	150m: 1:36.01	35.64	250m: 2:49.13	38.14	350m: 4:02.02	33.18
	100m: 1:00.37	32.69	200m: 2:10.99	34.98	300m: 3:28.84	39.71	400m: 4:32.65	30.63
3.	Olivier Wilbers		ZPC Hoogeveen		200600181	<b>4:34.71</b>	Q	624
	50m: 29.91	29.91	150m: 1:38.26	34.44	250m: 2:52.78	40.41	350m: 4:04.17	30.91
	100m: 1:03.82	33.91	200m: 2:12.37	34.11	300m: 3:33.26	40.48	400m: 4:34.71	30.54
4.	Tieme Wiersma		DZ&PC		200701031	<b>4:35.70</b>	Q	617
	50m: 30.30	30.30	150m: 1:40.15	34.21	250m: 2:52.28	38.35	350m: 4:04.21	31.58
	100m: 1:05.94	35.64	200m: 2:13.93	33.78	300m: 3:32.63	40.35	400m: 4:35.70	31.49
5.	Storm Tolsma		DZ&PC		200600277	<b>4:49.08</b>	Q	535
	50m: 31.72	31.72	150m: 1:47.14	37.71	250m: 3:03.05	39.03	350m: 4:17.43	33.66
	100m: 1:09.43	37.71	200m: 2:24.02	36.88	300m: 3:43.77	40.72	400m: 4:49.08	31.65
6.	Jelte de Boer		De Vikings		200700345	<b>5:08.11</b>	Q	442
	50m: 31.81	31.81	150m: 1:50.99	40.00	250m: 3:12.65	43.23	350m: 4:33.40	36.17
	100m: 1:10.99	39.18	200m: 2:29.42	38.43	300m: 3:57.23	44.58	400m: 5:08.11	34.71
7.	Tycho Wienbelt		De Vikings		201001397	<b>5:12.95</b>	Q	422
	50m: 35.10	35.10	150m: 1:55.33	40.46	250m: 3:19.59	44.47	350m: 4:39.62	34.70
	100m: 1:14.87	39.77	200m: 2:35.12	39.79	300m: 4:04.92	45.33	400m: 5:12.95	33.33
8.	Kasper Lubbers		Orca		201100025	<b>5:16.52</b>	Q	408
	50m: 34.78	34.78	150m: 1:57.59	41.44	250m: 3:20.03	42.98	350m: 4:40.55	36.76
	100m: 1:16.15	41.37	200m: 2:37.05	39.46	300m: 4:03.79	43.76	400m: 5:16.52	35.97
9.	Robin Mintjes		HZ&PC Heerenveen		201000957	<b>5:39.01</b>	R	332
	50m: 35.36	35.36	150m: 2:03.29	44.54	250m: 3:35.27	48.79	350m: 5:01.92	38.29
	100m: 1:18.75	43.39	200m: 2:46.48	43.19	300m: 4:23.63	48.36	400m: 5:39.01	37.09